

INTRODUCTION TO PSYCHODRAMA WITH CHILDREN

Abstract of the workshop

The seminar will provide a knowledge about the Basic Psychological Needs in children which serves as a theoretical background in Psychodrama with children approach developed by Alfons Aichinger and Walter Holl in Germany. The workshop is focused on working with children in individual settings face-to-face and will present the appropriate therapeutic interventions according to the identified need of the child. In addition, the group therapy will be presented in short.

The topics of the seminar are as follows:

- Theory in Psychodrama with Children – Four Basic Needs
- Children's play and how children express and externalize their problems.
- Psychodrama-Diagnostic with children (first interview). Individual psychodrama therapy with children, playing with animal figures in order to integrate conflicting parts.
- Psychotherapeutical interventions according to the identified needs of the child.



Target Group

Professionals who work with children educationally and/or therapeutically such as child and adolescent psychotherapists, psychologists, mental health and social workers, teachers, and educators.

Participation Fee

For 3 days training:

150,-EUR for eastern European participants
200,- EUR for western European participants

Registration

If you would like to register, please contact us on the following emails:

sflegelskamp@t-online.de
mmutafchieva@nbu.bg



Group leaders

STEFAN FLEGELSKAMP

Graduate social worker, child and adolescent psychotherapist, supervisor, has been working with children and adolescents for many years. He has also been conducting Psychodrama and Psychodrama for children trainings for many years at the Institute of Psychodrama **Szenen**, at which he has been the director since 2011. From 2015 to 2017 he was a member of the Council of FEPTO

ASSOC. PROF. MILENA MUTAFCHIEVA, PhD

PhD of Developmental Psychology, Associate Professor in Cognitive Science and Psychology Department in New Bulgarian University, Sofia. She got her PhD in Developmental Psychology in 2007. She has been a psychodrama trainer for adults for many years and recently she became psychodrama psychotherapist for children. From 2015 to 2017 she was the Vice-president of FEPTO

Dates

12th, 13th and 14th of February, 2021
10 to 13 o'clock: first session
13 to 15 o'clock: lunch break
15 to 18 o'clock: second session

**THE SEMINAR WILL BE
ONLINE!!!!**